

Topic: Comparing New Brunswick's Food Supply in 2018 to the Mi'kmaq during 1600

Objective:

Understand the Mi'kmaq food supply and how it is different than their current one in New Brunswick. Unit Outcomes **5.6.1** Illustrate the similarities and differences of past societies and your society.

Materials:

- Map of New Brunswick
 - Photo of Burger
 - Example of local food
 - Chart and corresponding cards
-

Procedure:

Introduction

Have the students think about foods they have recently ate and the most basic ingredients involved. Discuss where these foods came from, how were they able to get to New Brunswick and the people involved. Show example of burger.

Ask the students how their answers would differ if they were born in New Brunswick 400 years ago and introduce map of New Brunswick Mi'kmaq communities. Show examples of local food such as Dulse, Fiddleheads and Moose. Discuss the fisher-hunter-gatherer lifestyle of the Mi'kmaq in New Brunswick.

Activity

Introduce the two flow charts and cards.. Have the students place in order the pieces and discuss the similarities and differences between the two.

Conclusion

Discuss how our food supply in 2018 is different than that of the mi'kmaq community 400 years ago despite geographically being the same. What do they think is better or worse and why does this matter?

- Environmentally
 - Health
 - Global economy
 - Diversity of foods
-

Suggestions:

Go into depth with the local edible food sources in New Brunswick.

- Land
- Rivers
- Ocean